# **ASPIES**

### Stark/Tuscarawas Counties

Support Group assisting parents of children with Asperger Syndrome, High Functioning Autism, PDD/NOS, & other spectrum disorders

presents

### **Understanding & Managing Challenging Behaviors**

Join us for an interactive discussion on managing challenging behaviors and teaching independence. Our speaker will guide us through understanding the ABC's of behavior and offer strategies to help children, young adults, and their caregivers build connections, co-regulate, and foster independence. There will be plenty of Q&A time.

#### **Key Discussion Topics:**

- Navigating Transitions Tips for smoother daily and life-stage changes.
- Addressing Aggression Managing conflict and reducing physical aggression.
- Encouraging Positive Behavior Reinforcement strategies that work.
- **Defiance & Compliance** Understanding resistance and fostering cooperation.
- Balancing Support & Independence Helping youth and adults build life skills.

**Susan Blum** has over 30 years of experience working with children, young adults, and adults with developmental disabilities and behavioral challenges. As a seasoned Behavior Support Specialist, she has an additional 10 years of experience in trauma work, helping to understand the connection between trauma and behavior, and how to support individuals through both.

## Tuesday, May 6th - 6-8p.

This is a parent/caregiver only event.
Childcare is not provided.

Please RSVP by texting Brittney at 330-323-0609 or email <a href="mailto:brittney@aspies.org">brittney@aspies.org</a>

Meeting Location:
Faith Baptist Church
9481 State Route 212 NE
Bolivar 44612
(Enter main doors under awning & turn right)

www.aspies.org